FAQ

(Dermaplaning)

**What is dermaplaning?**

Dermaplaning is a non-invasive skin rejuvenation treatment that promotes radiant, glowing skin by removing unwanted dead skin cells and vellus facial hair.

Dermaplaning results are immediate and provide a terrific alternative to microdermabrasion or chemical peels.

**How does dermaplaning work?**

Dermaplaning is a maximum exfoliation method where a sterile blade is stroked along the skin at a 45 degree angle, removing the uppermost layer of dead skin cells and revealing a smoother, brighter complexion.

**What is the dermaplaning service like?**

Sound a little scary? It really isn’t, so long as you’re in the hands of a trained professional. Dermaplaning treatments are safe and painless, with most stating the service feels like gentle scratching.

**How long does dermaplaning take?**

30 minutes usually. 45 minutes if you are combining with a chemical peel or other facial upgrade.

**Why is dermaplaning good for skin?**

Dermaplaning promotes cellular turnover and increases collagen and elastin fibers, so it is superb as an anti aging treatment. The layer of dead skin cells and facial hair that trap dirt and bacteria are removed, allowing for better product absorption and effectiveness. Dermaplaning smoothes, tones, tightens, and brightens skin, creating a flawless canvas for makeup application.

**Can I go back to work after dermaplaning?**

Yes! There is no downtime with dermaplaning and you may resume normal activities as soon as you leave the spa. At most, you may experience some temporary redness that subsides quickly.

**Will my hair grow back thicker if I shave my face?**

No. Dermaplaning does not interfere with the follicular structure of the hair, thus having no effect on hair growth whatsoever.

Unlike terminal hair (think eyebrows), vellus hair has no appearance of a blunt end when shaved. This is often where the “thicker” looking aspect of hair growth comes from - the blunt end created by slicing the follicle.

**How often should I get dermaplaning?**

Dermaplaning should be received once every 4 weeks (monthly) to achieve optimum anti aging benefits. For removal of facial hair, primarily, every 4-6 weeks is recommended.

**How do I know if dermaplaning is right for me?**

Dermaplaning is safe for all skin types and recommended for those who want a non-invasive, affordable skin rejuvenation treatment that focuses on quick treatment sessions and no recovery time. Those who want to treat poor skin tone, acne scars, unwanted facial hair, large or clogged pores, dry skin, fine lines and wrinkles can achieve great success with dermaplaning treatments.

**Who should not get dermaplaning?**

You should not receive dermaplaning if you are allergic to nickel, have undergone Accutane treatments within the last 6 months, have numerous raised lesions on the skin or inflamed acne.